Surgical Hand Preparation

B|BRAUN

STEP 1 - 15 SECONDS





Step 1:
Apply 5 ml of Softa-Man® (equivalent to approximately 3 elbow pump actions) into your left palm and dip fingernails of right hand in the left palm for 5 seconds.

Afterwards, bring the left hand with the alcohol solution to the right wrist & rub around the wrist in a circular motion all the way to the elbow for 10 seconds.

STEP 2- 15 SECONDS

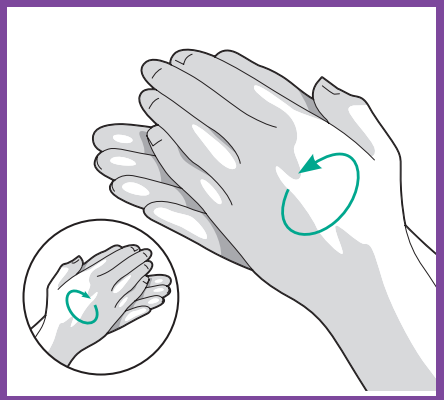




Step 2:
Apply 5 ml of Softa-Man® (equivalent to approximately 3 elbow pump actions) into your right palm & dip fingernails of left hand in the right palm for 5 seconds.

Afterwards, bring the right hand with the alcohol solution to the left wrist & rub around the wrist in a circular motion all the way to the elbow for 10 seconds.

STEP 3 - 15 SECONDS



STEP 4 - 15 SECONDS



Step 3:
Apply 5 ml of Softa-Man® (equivalent to approximately 3 elbow pump actions) to left palmand rub vigorously in the following order for 15 seconds:
a) Palm to palm
b) Fingers interlaced
c) Backs of hands
d) Knuckles
e) Thumbs

Step 4:
Allow both hands to dry (approx. 30 seconds) before donning gloves.

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