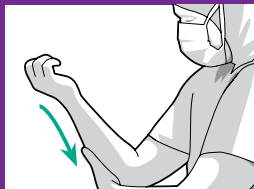


HOW TO PERFORM ALCOHOL BASED HAND RUBBING ACCORDING TO WHO GUIDELINE ON SURGICAL HAND PREPARATION

STEP ONE - 15 SECONDS

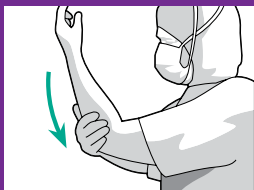


Step 1:

Apply 5mls of Softa-Man® (equivalent to approximately 3 elbow pump actions) into your left palm and dip fingernails of right hand in the left palm for 5 seconds.

Afterwards bring the left hand with the alcohol solution to the right wrist and rub around the wrist in a circular motion all the way to the elbow for 10 seconds.

STEP TWO - 15 SECONDS

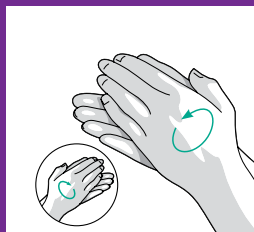


Step 2:

Apply 5mls of Softa-Man® (equivalent to approximately 3 elbow pump actions) into your right palm and dip fingernails of left hand in the right palm for 5 seconds.

Afterwards bring the right hand with the alcohol solution to the left wrist and rub around the wrist in a circular motion all the way to the elbow for 10 seconds.

STEP THREE - 30 SECONDS STEP FOUR - 30 SECONDS



Step 3:

Apply 5 mls of Softa-Man® (equivalent to approximately 3 elbow pump actions) to left palm and rub vigorously in the following order for 15 seconds:

- a) palm to palm
- b) fingers interlace
- c) back of hands
- d) knuckles
- e) thumbs

Step 4:

Allow both hands to dry (approx. 30 seconds) before donning gloves.